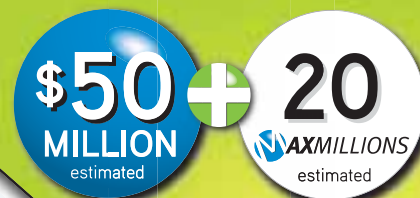




NO SLEEP FOR BROOKLYN

MODEL-TURNED ACTRESS IS GETTING LOTS OF GIGS, INCLUDING A LEADING ROLE IN PETER BERG'S BATTLESHIP PAGE 7

FRIDAY'S DRAW



LONDON

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Tuesday, May 15, 2012



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'I'm going home': Dale Hunter returns

Leaving Capitals.

Dale Hunter decides to resign two days after dropping Game 7 of the NHL Eastern Conference semifinal



JOHN MATISZ
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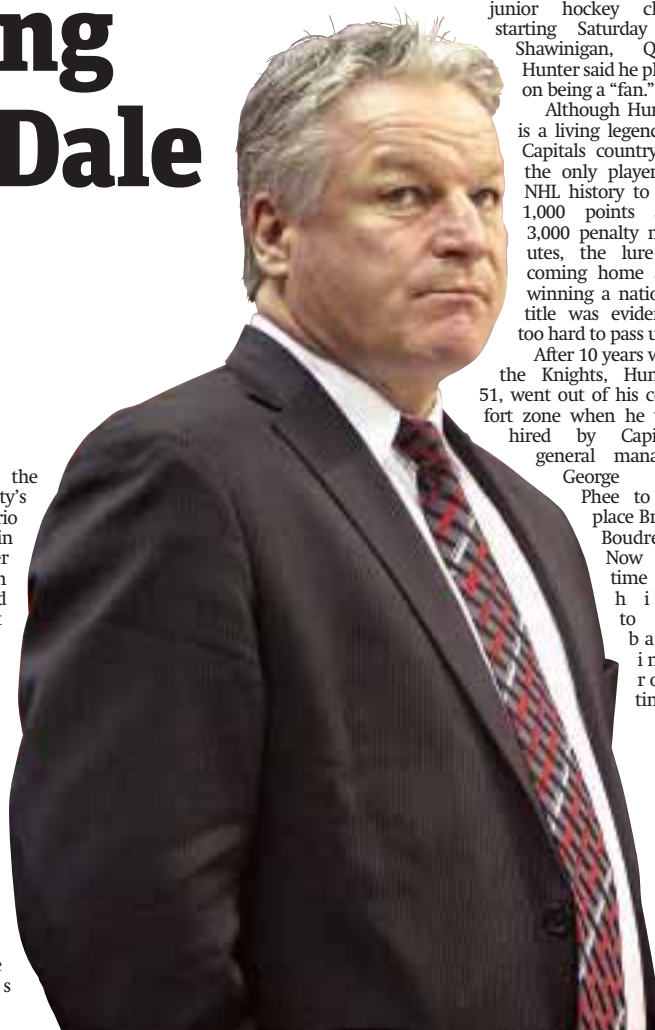
Just as he did in November, Dale Hunter made a life-altering decision overnight.

"I slept on it and woke up in the morning. It's the right thing to do," he said to a media scrum at the Verizon Center on Monday afternoon, announcing his resignation as Washington Capitals head coach.

Those comments cemented speculation the other

part of the Forest City's Hunter trio would rejoin his brother Mark, son Dylan, and the rest of the London Knights just in time for the Memorial Cup.

Asked if he'll be behind the Knights bench when the team battles the country's best major



junior hockey clubs starting Saturday in Shawinigan, Que., Hunter said he plans on being a "fan."

Although Hunter is a living legend in Capitals country as the only player in NHL history to top 1,000 points and 3,000 penalty minutes, the lure of coming home and winning a national title was evidently too hard to pass up.

After 10 years with the Knights, Hunter, 51, went out of his comfort zone when he was hired by Capitals general manager

George McPhee to replace Bruce Boudreau. Now it's time for him to slip back into routine.

"I'm going home," the Knights co-owner said. "I've got a good thing going there with the family, so I'll stay home."

From a player's perspective, team captain Jarrod Tinordi said there's a small difference between the brothers.

"I think Mark's a little bit more vocal," he said. "Dale never really says too much. He's a real serious guy, so you always know what he wants and what he expects of you."

Since Dale Hunter left the Knights' on-ice fortunes in his brother's hands, the team hasn't missed a beat. Their winning percentage before the switch was .769. It's now at .747 after winning 65 of 87 total games.

Dale Hunter's year

Regular season:

- Head coach of OHL's Knights (Sept. 23 to Nov. 27): 20-5-1
- Head coach of NHL's Capitals (Nov. 29 to April 7): 30-23-7

Post-season:

- Capitals (April 12 to May 12): 7-3-4
- Knights (May 19 to TBD): TBD

Knights co-owner Dale Hunter will join the club for the Memorial Cup, but only as a "fan," he says. BRUCE BENNETT/GETTY IMAGES

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NEWS

On the web

Testing robots on human contact

From the maker of the Internet kiss machine comes Shiri, a robotic bum. Nobuhiro Takahashi and his colleagues are testing the limits of human-robot relationships with the responsive posterior that twitches and tenses in response to human contact. Watch at metronews.ca

Inking your medical condition not the solution

With more people replacing MedAlert bracelets with tattoos of their medical conditions, doctors are warning that getting inked doesn't usually suffice. Read the story at metronews.ca

Mobile news



Now that Michael Rafferty is heading to jail and all details of the case can be discussed openly, legal experts are debating whether the publication ban on Terri-Lynne McClintic's guilty plea had the intended effect. Scan the code for the story.

Firefighter calendar

Hall of Flame event gets hot and heavy

The annual Hall of Flame calendar launch Friday night at the Western Fair has drawn criticism.

At the event, a fundraiser for local cancer programs and the food bank, firemen took off their shirts and allowed women to touch, grope, and in one case, rub baby oil on their chests.

One woman, who didn't want to be identified, said many in the audience were extremely intoxicated.

"They were going crazy, and as the night went on they got crazier and some women were putting bills into the men's pants," she said.

Last month, the Shockstock Festival was shut down by bylaw enforcement officers at Centennial Hall because of a scheduled performance by a female porn star who was to do a burlesque show in a bikini. But the police were nowhere to be found Friday night.

Megan Walker of the London Abused Women's Centre said both events were about exploitation.

"I've been speaking out about this event for years," she said about the Hall of Flame evening.

"The Western Fair District is supposed to be family-focused, and this event was not family-focused," she said.

London's head of bylaw enforcement, Orest Katolyk, was unavailable for comment.

AM980/AM980.CA



Shedding the layers to beat the spring heat

Jose Mejia, 20, of London, takes full advantage of the warm temperatures by going for a skate at Victoria Park on Monday afternoon. Environment Canada is calling for an up-and-down week heading into the May 2-4 long weekend. Two nice days — Tuesday (high of 26 C, sunny) and Thursday (high of 19 C, sunny) — will be coupled with a pair of potential rainy days in Wednesday (high of 17 C, 60 per cent chance of showers) and Friday (high of 20 C, 30 per cent chance of showers).

JOHN MATISZ/METRO

More patio time in the works downtown

Pilot project. City council may approve a motion that would see more restaurant and bar patios open up across the city

MILA PETKOVIC
london@metronews.ca

A pilot plan to build more patios downtown was passed at Tuesday afternoon's civic works committee meeting.

"It's a great victory for us," said Kevin Greaves, owner of Jumbalaya Restau-

rant.

"We need to be able to compete with other restaurants and bars with patios downtown, because everyone wants to be outside on patios when it's warm out."

City zoning rules prevent most downtown restaurants from putting tables outside because they take up too much sidewalk space.

But the committee has now passed downtown London's plan to use already existing parking spaces to set up cafes.

The motion will now go on to be approved by city council on May 22.

Greaves says he may be able to begin construction in just a few weeks.

But not all restaurants qualify for the patio pilot program.

Tamarine Restaurant owner Long Phen will not be able to build a patio because there is a bus stop in front of his business.

One condition of the new project is that bus stops cannot be moved to accommodate patios.

"I'm disappointed," said Phen.

"But I'm happy because this is one step in the right direction. This way, businesses can try it out for the summer and if people love it, maybe we can work towards the next step."

Mayor Joe Fontana said there are logistical prob-

lems with bus stops and parking, and that cooperation from the LTC is needed.

"The buses haven't operated on Dundas for two weeks and I haven't got one complaint," says Fontana.

"People want to sit down, have a mocha café and not have fumes going into their lungs."

But the debate about whether or not to redirect buses from Dundas Street is for another day.

For now, the patio project is going forward.

The project will run until October.

Areas involved in the plan include Dundas, Talbot and Carling streets.

London Rippers. Baseball team's name and logo are here to stay

With the London Rippers' home opener just over a week away, it appears the firestorm hovering around their logo and name choice has been put out for good.

At a community services committee meeting Monday, a letter sent by Rippers president David Martin was officially received. The letter, addressed to director of parks & recreation Bill Coxhead on April 9, indicated that the Frontier League franchise would "maintain its decision on the branding of London's professional baseball team."

Essentially, any chance the city had in changing Martin's

mind has vanished. The name and logo will permanently stay. "It's, at the very least, an unfortunate double entendre," said Coun. Matt Brown. "And also a learning experience."

Since the Rippers had already signed a lease agreement with city-owned Labatt Memorial Park when they unveiled the club's edgy logo and name last November, all city leaders could do was ask the team to consider a branding change.

"The more we talk about it, the more publicity it's getting," said Coun. Dale Henderson.

Evidently, the Rippers are ready to ditch any political associations as well. "It is now time

to move past the team name and create a winning environment for baseball in London both on and off the field," reads the letter.

Coun. Bill Armstrong said that there are worse names out there. However, he agreed the Rippers fiasco should be used as a precedent moving forward in regards to the arrival of professional sports teams in London.

The buzz created by the team's dramatic launch into the local sports scene—in large part due to its logo's resemblance to storied serial killer Jack the Ripper—spread rapidly, attracting attention from across the globe.

JOHN MATISZ/METRO

Energy. Tories back on bid to privatize Hydro One

The Conservatives announced plans Monday to privatize Ontario Power Generation and Hydro One, saying it's time government stopped running the province's electricity system.

The Tories want to open the two huge utilities to private investments in a staged process, starting by offering a minority stake to Ontario-based public sector pension funds.

"The goal is actually to make our energy system about affordability and competitive-



Energy Minister Chris Bentley METRO FILE

ness, to make sure that businesses have the confidence to invest in our province," PC Leader Tim Hudak told reporters.

The Tories plan to release their white paper Tuesday, saying the Liberals' policies are driving rates up to unaffordable levels.

Energy Minister Chris Bentley said the last time the Tories tried to privatize Ontario's electricity system 10 years ago it sent hydro rates skyrocketing and an IPO of Hydro One was cancelled at the last minute.

THE CANADIAN PRESS

Dundas shaved, paved and back in business

Downtown spruce-up.
Some local businesses say construction didn't hurt their coffers

MILA PETKOVIC
For Metro in London

Dundas Street reopened Monday after three weeks of construction to revamp the street in preparation for next year's World Figure Skating Championships at the John Labatt Centre.

"Dundas is the heart and soul of our city. The success of London and our downtown hinges on it," said Janette MacDonald, executive director of Downtown London.

Some local businesses say the construction did not have any impact on their earnings.

"There weren't really any overall changes, but it's hard to gage," said Heroes Cards & Comics owner Brahm Wiseman. "There were a couple of quieter days though."

Free Comic Book Day was held two weeks ago while the road was closed off. The event brought a few thousand people to the core, says Wise-



Brahm Wiseman
MILA PETKOVIC/FOR METRO

man.

"Not having to contend with traffic was great," Wiseman said. "Because the street was closed, people could parade around in their costumes."

Both Wiseman and owner of the family restaurant Mascot, Peter Vergiris, say the Art Attack brought great publicity to the street. Before construction started, Art Fu-

sion creator Ryan Mahy and his team wrote "Experience Downtown London" on Dundas Street in big block letters.

Vergiris says his numbers during the Dundas shave & pave remained steady.

But MacDonald says the cleanup is just a band-aid solution on a bigger problem.

"To get more people downtown and experiencing the businesses, we need the master plan," said MacDonald.

The plan to redesign Dundas Street involves mechanical bollards that can be put up and down during festivals to block off the street for a more pedestrian-friendly environment.

MacDonald envisions a shared space for pedestrians, bikes and cars. And this vision could be good for business, too.

"These car-free festivals are bringing a lot of people to the core and our businesses," said Vergiris.



Peter Vergiris, 61, says his family restaurant, Mascot, was not affected by the three-week closure of Dundas Street for reconstruction. MILA PETKOVIC/FOR METRO

Quoted

"This cleanup is just a Band-Aid solution; just a little exfoliation."

Janette MacDonald, Downtown London executive director, on the Dundas shave & pave

London 8 paint their vision of the city

Eight local painters share their vision of the Forest City at their exhibit, The London 8: Vol. 2, which opens Tuesday night at the Arts Project.

This multi-generational group of painters are inspired by London and it's rich art history.

"This city has been home to some amazing artists and community leaders, like Jack Chambers and Greg Curnoe,"

said artist Darcy Balfour.

The painters — each established in his own right — are Balfour, Rob Doelle, Bryan Jesney, Brian Dirks, Ray Hassan, Dan Tamborro, Jack Winn, and Michael Everett.

For this show, each artist had to include at least one painting with a London cityscape theme.

Doelle's painting was inspired by a charming house

in Wortley Village.

"I grew up in this area, I live here and my family is here. London is my home," said Doelle.

Each painter also had to create a self-portrait using an assigned colour.

Doelle painted a portrait in brown called Psych Ward Smoke Break, based on his own experience.

"It's a collage of myself,"

he said. "I took a picture, cut it up, rearranged it and painted it. I've been working on it for two months."

But the London theme and inspiration drawn from the city's art history is what holds the diverse group together.

"London has a rich history of painters and I'm proud to be a part of that tradition," said Doelle.

MILA PETKOVIC/FOR METRO

Adding to Forest City's rich art history

- **What:** The London 8 (Painters Collective): Vol. 2
- **When:** Tuesday to May 26
- **Where:** The Arts Project (203 Dundas St.)
- **Reception:** Tuesday, 7-10 p.m.
- **Artists in attendance:** May 19, 4-7 p.m.; May 26, noon-5 p.m.

Career development

SLOME 2012 gives students a look at future employment

London-area students can get a first-hand look at emerging employment trends at SLOME 2012, taking place Wednesday at the Western Fair Agri-Plex (865 Florence St.).

Students from grades 7 to 12 from Elgin, Middlesex and Oxford counties can meet a variety of exhibitors

to discuss the skills, experience and education they will need to attain future careers.

Opening ceremonies begin at 8:30 a.m. Hours of the event run from 9 a.m. to 11:30 a.m., and from 12:30 p.m. to 3 p.m. Wednesday.

About 3,000 students are expected to attend SLOME 2012. Since 2000, more than 25,000 students have attended the event.

For more information, visit workforcedevelopment.ca/slome.

METRO

Help the city branch out

Get a tree at a discount price

As a partner in London's Million Tree Challenge, the Middlesex-London Health Unit is hosting the tree sale Tuesday. More than 150 native trees in 10 species will be sold at discounted prices from 11:30 a.m. to 1:30 p.m. at the health unit (50 King St.) The challenge calls on Londoners to plant one million trees over the next 10 years. **METRO**

Million Tree Challenge

ReForest London ward showdown

Six city council members have squared off to see which wards can plant the most trees on private property. Coun. Matt Brown's Ward 7 takes on Coun. Joni Baechler (Ward 5); Coun. Bud Polhill (Ward 1) faces Coun. Sandy White (Ward 14); and Coun. Denise Brown (Ward 11) takes on Coun. Nancy Branscombe (Ward 6). **METRO**



Fanshawe students got mad skills

Fanshawe College student Becky DeKleyn poses with the gold medal she recently won at the Ontario Technological Skills Competition. Fanshawe students won three medals at the provincial contest. DeKleyn took the top prize in architectural design and technology portion, while Lyndon Murray won silver. Brad Masciotra also won a silver for Fanshawe, in culinary arts.

CONTRIBUTED

B.C. Three confirmed dead in float-plane crash

Three people have died in the crash of a float plane that went down as horrified onlookers watched it burst into flames in southern British Columbia.

"Our information is that, tragically, none survived the accident," Transportation Safety Board (TSB) spokesman Bill Yearwood said Monday.

He confirmed the de Havilland Beaver aircraft went down just before 7 p.m. on Sunday, only minutes after takeoff from Okanagan Lake.

The aircraft was heading to its home base of Pitt Meadows, about 40 kilometres east of Vancouver, when it slammed into a steep, wooded hillside along Highway 97C and caught fire.

The coroner and three TSB inspectors were due to arrive at the crash site on Monday, and Yearwood said there was little information about the victims.

A final report on what could have caused the crash will not be released for several months.

THE CANADIAN PRESS

G20. Report clears RCMP of wrongdoing at summit

The RCMP acted in a "reasonable and appropriate" fashion during the 2010 Toronto G20 summit marred by violence and mass arrests, says the watchdog that keeps an eye on the national police force.

In its long-awaited report, the Commission for Public Complaints Against the RCMP says planning was thorough, placement of security fencing justifiable and intelligence-gathering done with attention to the rights of demonstrators.

In addition, there was no indication that RCMP undercover operators or event monitors acted out of line or as agents provocateurs, the commission says in its report released Monday.

Though Mounties were involved in three incidents of kettling — or boxing in — protesters, contrary to RCMP policy, they acted reasonably on orders of the Toronto police in charge, says the report.

THE CANADIAN PRESS

Plane hits Nepalese slope, killing 15

Asia. Northern airport is a gateway to the revered Muktinath temple, a popular destination for trekkers, Hindu pilgrims

A plane crashed into a mountain in the Himalayas while trying to land at an airport in northern Nepal on Monday, killing 15 people and injuring six, some critically.

It was carrying two pilots and a flight attendant — all Nepalese — along with 16 Indians and two Danish citizens, both of whom survived, officials said.

Television footage showed the Danes being taken inside a hospital in the nearby city of Pokhara, the man being led on foot and the woman crying in pain as she was carried on a stretcher.

The plane was turning to land at Jomsom Airport when it crashed, said Laxmi Raj Sharma, chief government administrator in the area.

It broke into pieces but did not catch fire. Sharma said an initial investigation indicated

Survivors

The Danish tabloid Ekstra Bladet said it spoke to the Danish passengers by phone at the hospital and identified them as Emilie Joergensen and Andreas Rasch.

- "We were thrown around. The seats were unfastened and we were squeezed between seats and bodies," it quoted Joergensen as saying.

- She said they had to climb over "hands and arms" to get out of the plane.

- "I think it was easy for us to get out because we sat in the back and were closest to the exit," Joergensen said.

the Dornier aircraft, which belonged to the local Agni Air company, might have had technical problems.

Rescue was swift because the plane crashed just a few metres from an army camp at Jomsom.

THE ASSOCIATED PRESS



Plane-crash survivor Andreas Rasch of Denmark is helped by rescue workers after being flown for treatment to Pokhara, Nepal, on Monday.

SANTOSH POKHARAL/THE ASSOCIATED PRESS

Manitoba

Psychiatrist backs escorted trips for beheader

Vince Li could be granted temporary passes away from a mental hospital four years after he beheaded and cannibalized a fellow passenger on a Greyhound bus. His psychiatrist said Monday Li has responded well to medication and should have the right to escorted trips into Selkirk, Man. THE CANADIAN PRESS

Montreal

Suspected smoke bombers must wait for bail

There were cheers in the courtroom as four people accused of smoke-bombing Montreal's subway last week made an appearance Monday. The accused had been hoping to obtain their conditional release but were forced to remain behind bars as their bail hearing was postponed until next week. THE CANADIAN PRESS

Mexico

Names have yet to be put to bodies after massacre

Authorities struggled Monday to identify the 49 people found mutilated in a region near the U.S. border in the presumed fight between Mexico's two top drug cartels. More than 24 hours after the discovery, officials had yet to identify any of the corpses, found without heads, hands or feet. THE ASSOCIATED PRESS

New Jersey

Man accused of stealing murder victim's identity

Authorities say a security supervisor at the Newark, N.J., airport has been arrested on a charge he was using the identity of a New York man who was murdered 20 years ago. Bimbo Olumuyiwa Oyewole, 54, an illegal immigrant from Nigeria, was known to co-workers as Jerry Thomas. THE ASSOCIATED PRESS

News in pictures



1 Italy. Crypt opened for clues

Pietro Orlandi, brother of missing girl Emanuela Orlandi, 15, arrives at Sant'Apollinare Basilica in Rome on Monday. Forensic police swarmed the crypt of the basilica to exhume the body of reputed mobster Enrico De Pedis as part of an investigation into the girl's disappearance in 1983. De Pedis' one-time girlfriend has reportedly told prosecutors that he kidnapped Emanuela. THE ASSOCIATED PRESS

2 China. Poisoning plot denied

The Dalai Lama leaves St. Paul's Cathedral in London on Monday after receiving the 2012 Templeton Prize for encouraging scientific research and harmony among religions. China accused the Dalai Lama of being deceitful after he reportedly alleged that Chinese agents trained Tibetan women to assassinate him by planting poison in their hair for him to touch during blessings. THE ASSOCIATED PRESS

3 Quebec. Minister steps down

Quebec Education Minister and deputy premier Line Beauchamp resigned from politics on Monday in a bombshell announcement that came after months of student-related unrest. THE CANADIAN PRESS

4 Afghanistan. Blow for peace

Afghan soldiers stand guard near the coffin of former high-ranking Taliban official and peace negotiator Arsalan Rahmani during his funeral ceremony in Kabul on Monday. A gunman in a car assassinated Rahmani on Sunday. THE ASSOCIATED PRESS

5 Mideast. End to hunger strike

An activist demanding the release of Palestinian prisoners is seen inside the Socialist Party headquarters in Paris on Monday. Hundreds of Palestinian prisoners agreed on Monday to end a weeks-long hunger strike after winning concessions from Israel to improve their conditions and limit detentions without trial, the two sides announced. THE ASSOCIATED PRESS

Resignation

Best Buy chairman steps down after investigation

America's biggest consumer electronics retailer Best Buy said Monday its founder Richard Schulze is stepping down as chairman after an investigation found that he knew that the CEO was

having a relationship with a female employee and failed to alert the audit committee.

The company also said that despite its audit committee finding that then-CEO Brian Dunn violated company policy by having a 'close personal relationship' with a female employee, he gets a severance package worth about \$6.6 million US. **THE ASSOCIATED PRESS**



Best Buy founder Richard Schulze
THE ASSOCIATED PRESS

Lawsuit

Bell sued for \$100 million over expiry dates

Bell Mobility and its parent company, BCE Inc., have been served with notice of a \$100-million class-action lawsuit alleging that expiry dates on its pre-paid wireless services are illegal.

The suit alleges the practice is contrary to Ontario's Consumer Protection Act and the pre-paid wireless services should be treated as gift cards without an expiry date under the act.

The suit is being handed by the Toronto law firm of Sack Goldblatt Mitchell LLP on behalf of Celia Sankar of Elliot Lake, Ont. **THE CANADIAN PRESS**

Safety

Feds investigate Hyundai Elantra

Federal safety regulators are investigating a complaint that a car owner's ear was cut in half when a side air bag inflated in a Hyundai Elantra. The probe will examine whether the problem could recur in certain models. **THE ASSOCIATED PRESS**

Canadians confident in job security

Economic climate.

Survey suggests 75 per cent are 'extremely secure' about their jobs; but one in three are dissatisfied with their career progression

A new survey of employees suggests tough economic times are taking a toll on career paths and job satisfaction.

The survey conducted by Harris-Decima Research on behalf of Ceridian Canada suggests there are significantly more workers than last year who believe they will not be getting a pay boost, bonus or promotion in the next year.

And four in 10 say they believe their employer is using the bad economy as an excuse to deny them a promotion or more money.

The level of dissatisfaction was somewhat surprising given that on the question of whether respondents felt secure in their job, 75 per cent said they were "extremely secure" or not concerned about losing their job.

"There were some surprising findings," said John Cardella, Ceridian's vice-president of human resources.

"Canada hasn't been as hard hit as some other countries, but having said that, the fact that one in three are dissatisfied with their career progression clearly states that employers need to do more if they want to retain their top talent."

He points out that 27 per cent of the respondents who said they were unsatisfied had left their job as a result.

Harris-Decima polled 800 employed Canadians in early March. Human resources firm Ceridian said one of the interesting findings is that employees who are given performance reviews tended to be more satisfied. Cardella said that is likely because they felt "connected" to the business.

The survey found on the job satisfaction indicators, there has been a dramatic shift downward in attitudes.

Eighty-five per cent of the 800 polled say they don't expect a promotion for another year, compared to 39 per cent in 2011, and 43 per cent say they don't expect a salary increase, compared to 27 per cent 12 months ago.

Overall, 31 per cent expressed dissatisfaction with their career progression, eight percentage points higher than a similar survey conducted in 2011. **THE CANADIAN PRESS**



The future will be automatized

Robots make Yaris compact sedans at a Toyota plant in northern Japan in this 2011 file photo. Canon Inc. is moving toward fully-automating digital camera production in an effort to cut costs — a key change being played out across Japan, a world leader in robotics. It's not simply the stereotype of machines snatching assembly line jobs from workers — if successful, counting on machines could help preserve Japan's technological power, Canon spokesperson Jun Misumi said Monday. The move toward machine-only production will likely be completed in the next few years, perhaps as soon as 2015, said Misumi, although he declined to give specific dates. **KOJI SASAHARA/THE ASSOCIATED PRESS**

Market Minute



DOLLAR
99.71¢
(-0.2¢)

Natural gas: \$2.431 US (-7.8¢)
Dow Jones: 12,695.35 (-125.25)



TSX
11,488.61 (-206.14)



OIL
\$94.78 US (-\$1.35)



GOLD
\$1,561 US (-\$23.00)

Banking. Guidelines set for mobile payments

Canada's financial institutions say they've developed voluntary guidelines for mobile payments that will work with technology already in place.

The Canadian Bankers Association says the guidelines

are designed to work with the same security standards used by chip-enabled credit and debit cards and using the same hardware employed for non-touch cards.

THE CANADIAN PRESS

Greece to leave eurozone? You can bet on it



A house painter looking for casual employment sits in the shade of a bus stop as he waits for customers in Athens, Greece, on Monday.
PETROS GIANNAKOURIS/THE ASSOCIATED PRESS

It's getting harder and harder to bet on Greece.

No, that's not some philosophical statement on the state of the country's economy and politics. Instead, two major British oddsmakers have stopped taking wagers on whether the country will leave the eurozone.

The reason? Greece's exit has become so likely that gamblers weren't bothering with the paltry payouts on offer.

"You're not going to be getting rich on a 1-to-3

payout. We've had to slash the price so much that people just weren't betting on it," said Jessica Bridge, a spokeswoman for Ladbrokes. That 1-to-3 payout means you had to fork over \$3 for every dollar in potential winnings.

When Ladbrokes first began taking bets on the likelihood of Greece ditching the euro by 2014 earlier this year, the price was 4-to-6, Bridge said.

The decision to bail on accepting Greece-related wagers came after the re-

cent national election there, said Bridge. The election gave the balance of power to parties against austerity measures meant to secure more bailout money for the country.

William Hill, another major British oddsmaker, has also decided to stop taking bets.

If you still feel like gambling on Greece's potential exit from the 17-country Euro currency, you can — just not with a traditional bookie.

TORSTAR NEWS SERVICE

Intrade

Intrade is a website used by political junkies where you can wager on a wide variety of political and financial prospects.

- Users figure there's a 65 per cent chance of at least one country leaving the Euro zone by the end of 2014, which is lower than the 75 per cent peak reached in September, 2011.

CATS AND THEIR CURIOUS APPEAL



SHE SAYS...
Jessica Napier
metronews.ca/shesays

I take a lot of flak for being a "cat person." Over the years, cats have been stigmatized as antisocial creatures favoured by spinsters and compulsive hoarders. If dogs are man's best friend,

cats are like a weird creepy aunt you try to avoid at dinner parties.

In actuality, cats are quietly cool creatures. Dogs are needy companions desperate for your affection, whereas cats are a low-maintenance alternative. They won't leap against you when they enter your home or mount your leg in an unwelcome bout of excitement. They are independent and effortlessly playful in a way that doesn't scream, "Look at me! I'm trying so hard!"

Nowhere is the unintentionally-comical nature of cats more

Saucer of milk, Table 2

In Japan and other Asian countries, these domestic pets have found a new place in public life thanks to the increasingly popular cat cafés. The cafés charge a time-based cover fee for a beverage and a couple hours of playtime with cuddly calicos and tenacious tabby cats.

culture conference. That's right, a scholarly discussion about funny cat pictures happened inside the walls of MIT.

In Japan and other Asian countries, these domestic pets have found a new place in public life thanks to the increasingly popular cat cafés. The cafés charge a time-based cover fee for a beverage and a couple hours of playtime with cuddly calicos and tenacious tabby cats.

For many urbanites, full-time pet ownership is out of the question. If you work long hours and live in a highrise with restrictions on animals, spending time with rented felines is a convenient alternative.

The cafés attract men and women of all ages who are eager to hang with cats while enjoying their food and drink purrr-chases. Some establishments even cater to specific tastes, diversifying their offerings by breed, colour and weight.

For allergy sufferers and germaphobes, a café full of prowling cats might seem like a complete nightmare. But if you hasten to roll your eyes and compare visiting a cat café to brunching in the elephant enclosure at the zoo, you're missing the point.

Cities are lonely at times and cat lovers can find themselves alienated in a culture that tends to favour canines. You have your leash-free dog parks, we can haz our cat cafés.



Kitty coffee shops are all the roar. BRUCE BENNETT/GETTY IMAGES

Hello, this is your pilot sleeping



Aviation safety

Angry pilots tired of proposed law

Pilots say they're literally losing sleep over new job rules. More than 300 airline pilots and cabin crew from across Europe protested Monday outside the European Aviation Safety Agency in Cologne, Germany, over a proposed EU law on working hours that trade unions claim could lead to increased air fatigue. **METRO WORLD NEWS**

Pilots' view



"The proposals are not based on scientific evidence. Twice we have recommended changes and twice they have rejected them."

Philip von Schöppenthau
Secretary general of the European
Cockpit Association (ECA)

The ECA claims the latest draft law is "insufficient to protect passenger safety and reflects the airlines' commercial demands rather than scientific recommendations."

Agency's view



"No one has a monopoly in science [...] These proposals are based on the best practice available."

Dominique Fouda
Safety information and communications
officer at the EASA

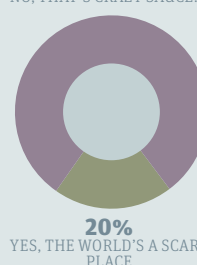
Fouda told Metro that discussions on the proposals are "still ongoing" and "two rounds of public consultation, including comments from pilot groups" have been considered for the proposed law.



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and take the quick poll

Microchipping
kids: the best
way to keep
them safe or
helicopter
parents
spinning out of
control?

80%
NO, THAT'S CRAZY SAUCE!



Twitter

@webAssista:

Welcome to a new week. How is everyone? ^JH

@late2game:

Took today and tomorrow off to de-stress. Not working. Maybe I'll go play through Portal 2 again.

@ksPossessed:

Just found Evil Dead blood on my shoes from October. Get out of my life already

@juliaclobbets:

10 days until I head into the gallbladder chop shop! Yaaaay! #nomore-pain #getthisthingoutofme #seriouslyihateit

@379_Deanne:

Why must the current music biz try to ruin the entire Dirty Dancing soundtrack?

@pixel_mark:

Dusting off this account for the new class of journalists at #westernu. If you have any social media tips/links for journalists, please send



Brooklyn Decker isn't just a pretty face — the former Sports Illustrated swimsuit model has been landing plenty of acting gigs. HANDOUT

Brooklyn Decker toughens up for role in Battleship

Action-acting 101. Model-turned-actress had to prove her mettle in front of director Peter Berg

NED EHRBAR
Metro World News in Hollywood

After making the jump from modelling to film with the Adam Sandler comedy *Just Go With It*, Brooklyn Decker has been getting something of a crash course in moviemaking. And her latest, the big budget alien invasion film *Battleship* — based loosely on the board game — provided some particularly physical lessons.

"I was shooting another movie at the time, and I actually got a set of sides and was told that Peter Berg was directing and I couldn't see a script because it was very secretive at the time," she says, noting that Berg — director of films like *Hancock* and *Friday Night Lights* — was enough.

"At the mention of the name Peter Berg, I wanted to audition for it. And so I sent in a tape from location, and then I went to L.A. and auditioned for it three times after that. And then finally I got to actually read with Pete. And I think he wanted to see how tough I was."

How tough are we talking? Let's just say that, to hear Decker tell it, Berg has a rather unique directing style.

"He's known for having a

way with directing actors," she says.

"I mean, he'll put himself on the line to make sure he gets what he wants from you in a scene. There were times when he would be screaming along with me, there were times when he would fire a machine gun off in the bushes to get a reaction he wanted."

While Decker's character doesn't actually spend any time on the water, director Berg, for his part, doesn't think that makes her any less important to the story.

"*Battleship* has a lot of different elements, and Brooklyn is a huge part of the film that has nothing to do with ships," he says.

"She's on land fighting for her life with a double-amputee. It's this crazy duo. Brooklyn

Action-packed?

Decker just wants good characters

So with an action flick under her belt, is Decker looking for more explosions or heading back to comedies? (She also has the explosion-free *What to Expect When You're Expecting* due out this Friday.) "You know, I just want to

play really good characters and work with really good directors," she says.

"For example, if you look at all the female characters in Pete's movies, they're so dynamic. You never see a woman in his movies play the damsel in distress. He usually makes women really well-rounded, and if I get a chance to continue playing characters like that, I'll be a very, very happy lady."

plays a physical therapist with this wounded warrior from the military, and to me that's a huge part of the film. What's happening on sea is a huge

part of the film, the global reaction's a huge part of the film, Obama's a huge character in the movie — his reaction is a part of it."

2

SCENE

Scene in brief

Two premieres for Chris Hemsworth

Actor Chris Hemsworth has two things to celebrate. He was at the world premiere of his new movie *Snow White and the Huntsman* Monday night, with co-stars Charlize Theron and Kristen Stewart in London. And it's his first red carpet event since becoming a dad. Hemsworth's partner, Elsa Paraky, has given birth to a daughter named India. The Australian actor says he's really happy in his new role as a father — just a little tired. In *Snow White* and the *Huntsman* he plays a less paternal role, as the huntsman who is sent to kill the fairy tale princess (Stewart) by the wicked queen (Theron). Directed by Rupert Sanders, the movie is out in the U.K. on May 30 and in the U.S. on June 1.

THE ASSOCIATED PRESS

On the web



Fox moves *Glee* to Thursday, turns Tuesday into comedy night

DVD review

Chronicle

Director. Josh Trank

Stars. Dane DeHaan, Alex Russell, Michael B. Jordan

• • • • •

A spooky lo-fi sci-fi tale of power corrupting, in which director Josh Trank and screenwriter Max Landis display enough raw talent to

suggest better things to come. The filmmakers don't need the Blair Witch-style found-footage conceit. Chronicle would still captivate without it.

PETER HOWELL

Van Winkle keeps his remarks on 'ice' on Canada Sings

Season two premiere. Judges face tough decisions in amateur singing competition for charity

IAN GORMELY
scene@metronews.ca

Season two of Canada Sings, where teams of everyday Canadians compete for a chance to win \$25,000 for their favourite charities, premieres tonight. Judges Vanilla Ice (aka Rob Van Winkle) and new addition and former Lady Gaga choreographer Laurieann Gibson recently sat down with Metro to chat about the new season.

What made you want to return for a second season?

Van Winkle: I came back because season one was magical.

But the charity is a big part of why I'm here in the first place. I was pumped that they called me for season two.

What drew you in, Laurieann?

Gibson: When you do this in real life, like I creative-direct, you do one reality show and you become really cautious about that line,

that reality line.

But when I found out what the show was about, I was like, "Wow, how incredible."

This being an amateur competition for charity, do you find it difficult to make judging decisions?

Van Winkle: It makes our job hard. I'd much rather be on a Simon Cowell show where it's like, "Well, that sucked." On season one, I didn't get it.

For the first couple of shows, you have to get in there, marinate and figure it out.

Gibson: [The competitors] want to know that they did the best that they could do, and that an expert was like, "Oh my goodness, that felt like a Grammy performance." It's so empowering.

So as judges, you do have to pull your punches a bit.

Van Winkle:

We hold back, but deliberations, which they filmed this year, nobody else is supposed to hear that. We hope they didn't throw us under the bus too bad. We know they're not professionals. We could critique the heck out of them and point out the flaws. But we're here to see the journey these people went on to come out of the work environment to put on a great show for a good cause.

Does watching them remind you of your first time performing on television?

Gibson: We came out the womb performing!

Van Winkle: I couldn't even afford a video. I had to borrow money to make the Ice, Ice Baby video. My song was already number one before anyone even knew I was white. When I saw myself on TV, I was like, "Wow." I was only 16. I can't really remember. Everything took on a life of its own.

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Bonnie Munday
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Best Health Magazine

Walking is like a miracle vitamin, because doing enough of it is guaranteed to help you drop a clothing size, banish blue moods, help you get more sleep, slash your risk for heart disease and cancer, and spice up your sex life.

Best Health magazine has just come out with a book called the Swap & Drop Diet, and in addition to its ideas about how simple food swaps can really add up over time to weight loss (it also includes a section on how to make healthy choices at fast-food and restaurant chains, a weekly meal planner and a ton of healthy recipes), we included an all-important section on walking for fitness.

It's not just Dr. Oz who recommends getting 10,000 steps a day: ParticipAction does, too, right here in Canada. And so does our Swap & Drop Diet. The reason for that magic number is that research proves walking at this level will burn enough calories to reduce the risk of obesity and chronic disease. The easiest way to reach that 10,000 number and beyond is to wear a pedometer, at least until you get some perspective on what it takes to reach this goal (pedometers can be found at sporting goods stores, fitness stores and some drug stores; they range from sporting goods to pricey). Once you see how many steps your regular day adds up to, begin to gradually increase that number by 300 to 600 steps a day.

If you have any health concerns, be sure to speak with your doctor first to ensure it's safe for you. The Swap & Drop Diet book not only has a step-by-step, easy 12-week plan you can follow, it is full of ideas for how to add more steps, too.

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The 'OMG Diet': fact vs. fiction

Mythbusting a new diet. In his bestselling e-book, *Six Weeks to OMG*, sports scientist Venice Fulton promises to get you 'skinnier than all your friends.' We asked a doctor if the program is healthy enough to trust

ROMINA MCGUINNESS
romina.mcguinness@metro.lu

Summer is fast approaching, leaving you little time to achieve beach-body perfection. But sports scientist and author Venice Fulton warns that a restrictive diet promising rapid weight loss isn't the answer. "People need a diet that will preserve long-term health and the only way we can do that is by making them experts in understanding how food and their life interact," he says.

Combining nutrition, biochemistry, genetics and psychology, *Six Weeks to OMG* promises you'll shed the pounds. Curious, we asked nutritionist Dr. Carson Liu to weigh in on the plan.



Skip breakfast

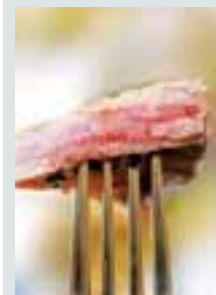
Eating a morning meal around 10 a.m., instead of breakfast increases fat burn: "Skipping breakfast allows you to burn off excess body fat as it's the one time in the day your system is running on empty and moving around," Fulton says. Ideally, you should eat three hours after you wake.

What the doctor says: No way! Eating breakfast helps you lose weight and prevents you from binge-eating at dinner.

Drink black coffee

Caffeine promotes weight loss by boosting the central nervous system by stimulating the fight or flight response using adrenaline. This forces fat cells to empty their contents into the blood and these free fatty acids are then transported to your muscles and used as fuel. This only works if you're drinking on the go, warns Fulton. "If you sit at your desk and not moving, this fat won't be used and will just float around until it is eventually deposited in the arteries."

What the doctor says: Yes! The caffeine in coffee increases metabolic rate and suppresses appetite. As a diuretic, coffee will also cause you to lose water weight.



Focus on satiety

We tend to overeat carbs when we should be having no more than a 40-gram portion with each meal. Size wise, that's the equivalent to a stack of four iPhones. Protein (any source) should take up half of your plate, vegetables the other half. Just don't restrict yourself. "The minute you restrict something from your diet, the more obsessively you will focus on it," adds Fulton.

What the doctor says: Yes! Cutting a certain food from our diet will only make us crave it.

Fulton's Top 3 diet tips

1 No more cheat days: You can't be strict on yourself at all times, but cheat meals/days mean you risk becoming obsessed with that one moment you 'give' yourself a treat, and you may overdo it.

2 Hunt and wait. Move around for 15 minutes before eating a meal. This will prime the body to receive the food.

3 Control cellulite: Our skin is made up of collagen and elastin, both of which are damaged by high levels of insulin (sugar levels). Improve skin quality by eating carbohydrates in moderation and this will control cellulite.



Go skinny-dipping

Take a 15-minute cold bath in the morning. "Cold water makes the body panic, shifting your metabolic rate into overdrive as heat production is increased in order to protect the core organs," says Fulton. Essentially, the body will use stored body fat as fuel to keep you warm.

What the doctor says: Yes! Exposing the body to cold temperatures does increase metabolic rate.

Sleep in

Big sleepers are slimmer and generally healthier than those that survive on little sleep. You must wake up refreshed, claims Fulton. "We all vary in our genetic needs but it's best to allow your body to wake up naturally. Deep sleep allows the thyroid to reset itself properly and get back into full speed once you wake. When your thyroid is high, your metabolism is on turbo boost."

What the doctor says: Yes! Sleep also helps keep stress hormones down: they are released from the adrenal glands.



3 LIFE

New website

Scoliosis Resource Centre

The Hospital for Sick Children – with the help of nurses, physicians, parents and teens – has developed the Scoliosis Resource Centre, a website for people diagnosed with scoliosis, a curvature of the spine that can lead to pain, cosmetic concerns and further health complications.

"The Scoliosis Resource Centre was based on extensive interviews with teens and families to determine exactly what information they needed to make important decisions about scoliosis surgery," said Dr. James Wright, surgeon-in-chief at Sick Kids.

The site provides accurate and Canadian-based information about: what to expect before, during and after scoliosis spinal fusion surgery, coping with emotions, personal video stories, before-and-after back photos, step-by-step description of the surgery and an animation of the surgical procedure. The information for the site was compiled through the help of physicians, nurses, parents and teens. To learn more about scoliosis surgery, visit www.aboutkidshealth.ca/scoliosis.

METRO

On the web



Blue Jays starter Brandon Morrow and country singer George Canyon urge diabetic kids to chase dreams

Superfood

Berries fuel brain and body, new study reveals

A recent study shows that berries help keep your brain sharp. Researchers at Brigham and Women's Hospital in Boston found that older women whose diet included a high intake of flavanoid-rich berries (such as strawberries and blueberries) could delay memory decline by 2.5 years.

METRO WORLD NEWS



Boss Hog's has the finger-lickin'-good recipe for success



Ribs and Smoked Beef (\$14.99). PAUL MITCHELL



LUNCH RUSH
Paul Mitchell
life@metronews.ca

Well-seasoned from years on the road at barbecue competitions, Boss Hog's recently found a home for its award-

winning chicken and ribs.

The location retains familiarity owing to its fast-food past so the decor is comfortable but less rustic than I expected. The jovial waitress plays along with my excitement as I choose from a comprehensive menu of "gut-bustin'" Southern-styled com-

bination plates.

I decide on Ribs and Smoked Beef (\$14.99) and creamy coleslaw with a cheese biscuit from a list of sides. Cheese Steak Hoagie (\$13.99) looks equally hunger-crushing.

Four hefty pork ribs arrive atop a pile of juicy brisket.

The mild, smoky-sweet molasses sauce augments the meats' richness and is balanced by the salty sourness of crisp green beans and red pepper.

Discovering the perfect barbecue sauce is a long process of experimentation, but Boss Hog's seems to have found a recipe for success.

Visiting the restaurant

Boss Hog's Smokin' Chophouse

Address. 450 Wharncliffe Rd. S.

Phone. 519-663-1111

Rating. 4/5

Price range. \$8.99 - \$14.99

Reservations. No

Business lunch. No

Lunch with co-workers. Yes

Social lunch. Yes

Quick solo lunch. Yes

Peanut Butter & Honey Power Sticks. Great for breakfast on the run



Looking for a quick breakfast? Here is a no-bake option you can keep to bring with you when you are on the run.

MIST, COOKBOOK AUTHOR, TV CELEBRITY CHEF. FOR MORE, VISIT EMILYRICHARDSCOOKS.CA)

Ingredients

- 125 ml (1/2 cup) chunky peanut butter
- 150 ml (2/3 cup) corn flakes
- 75 ml (1/3 cup) instant skim milk powder
- 45 ml (3 tbsp) liquid honey

1. In a large bowl, knead together corn flakes, peanut butter, skim milk powder and honey until well combined. Form into 6 sticks and wrap individually in wax or parchment paper. Store in an airtight container. **THE CANADIAN PRESS/WEIGHT WATCHERS/ ADAPTED BY EMILY RICHARDS (PROFESSIONAL HOME ECONO-**

Warm. Farro Salad with Grilled Italian Sausage

1. Bring 1 L (4 cups) of salted water to boil. Add farro; cook 15 mins. or until grains chewy. Drain and set aside.

2. Heat grill pan to medium-high. Add sausages and cook 10 mins., turning occasionally until browned on all sides. Cut into bite-sized pieces; set aside.

3. In bowl, whisk olive oil, lemon juice and pepper to taste. Mix in feta cheese. Add farro to bowl and mix well. Set aside for 5 minutes to cool slightly.

4. Stir in tomatoes, cucumber,

Ingredients

- 250 ml (1 cup) pearled farro
- 4 sweet Italian sausages
- 50 ml (1/4 cup) olive oil
- 45 mL (3 tbsp) lemon juice
- Freshly ground black pepper
- 250 ml (1 cup) crumbled Feta
- 6 plum tomatoes, diced
- 1 cucumber, peeled, chopped
- 2 green onions, diced
- 15 ml (1 tbsp) fresh oregano

green onions and oregano. Add sliced sausages. **THE ASSOCIATED PRESS/ ADAPTED BY EMILY RICHARDS**

Farro & Mushroom Stuffed Acorn Squash: Savoury combo

The key to ensuring that dinner is both substantial and healthy? Fibre.

Adding plenty of whole grains and vegetables not only provides piles of nutrients, it also fills you up and keeps you full long after the meal is finished. As well, these foods tend to be lower in calories, which means you can load up without getting weighed down.

This one-dish meal is rich in savoury flavours thanks to a blend of mushrooms and cheese, as well as plenty of fibre from the farro.

The flavours of the stuffing combine with the sweetness of acorn squash and fresh, bright citrus and herbs to create a meal that will feel less like you're leaving something out and more like you're indulging in something hearty.

1. Cut acorn squash into quarters. Scoop out and discard seeds. Trim off slice of skin from the curved side of each quarter to allow it to sit flat.

2. Spray a 23-cm-by-23-cm (9-by-9-inch) baking dish with cooking spray and arrange squash in pan, skin side down. Bake in preheated 190 C (375 F) oven for 30 to 40 minutes or until just softened.



This recipe serves four. THE CANADIAN PRESS

3. Meanwhile, in large pot of boiling salted water, cook farro for about 15 minutes or until tender but still al dente. Drain and set aside.

4. Heat a large non-stick skillet over medium-high heat.

Add mushrooms, salt and pepper and cook for 10 minutes or until well browned. Add garlic, shallots, spinach, orange rind, thyme and oregano and cook for 3 minutes. Stir in drained farro.

Ingredients

- 1 large acorn squash (about 750 g / 1 1/2 lb)
- 125 ml (1/2 cup) farro
- 250 g (8 oz) mixed mushrooms, chopped
- 2 ml (1/2 tsp) salt
- 1 ml (1/4 tsp) ground black pepper
- 2 cloves garlic, minced
- 2 shallots, chopped
- 500 ml (2 cups) baby spinach
- 2 ml (1/2 tsp) grated orange rind
- 15 ml (1 tbsp) chopped fresh thyme
- 5 ml (1 tsp) chopped fresh oregano
- 30 ml (2 tbsp) crumbled feta cheese
- 4 lemon wedges

5. When squash is ready, spoon stuffing into centre of each quarter. Sprinkle feta cheese over stuffing and bake for another 20 minutes or until squash is tender when pierced with the tip of a knife. Serve each squash quarter with a wedge of lemon.

THE ASSOCIATED PRESS/ ADAPTED BY EMILY RICHARDS (PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR, TV CELEBRITY CHEF. FOR MORE, VISIT EMILYRICHARDSCOOKS.CA)

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Advice

When nature calls, don't answer



CHARLES THE BUTLER
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For more, visit charlesmacpherson.com

Recently I read an article in a publication offering social advice and the question was "Is it correct to excuse yourself from the dinner table to use the toilet?"

After reading the writer's comments, I was rather incensed at the sarcasm and lack of detail of the article. So I have decided to address this particular question myself.

Firstly, there is a rule about leaving the table: adults should not leave unless it is an unavoidable circumstance.

I think it is important to not just know a rule, but also to understand the reason it exists. So here are the five reasons why one does not leave the dinner table.

1. It is not appropriate to ever leave the table to use the toilet during a meal, unless it is urgent — either go beforehand or hold it in.

2. When you leave the table, technically everyone at the table should stop eating or at least slow down and wait for you to return, thus everyone's food is getting cold and this disrupts the flow of the meal.

3. Although most people wash their hands in the restroom, the thought of a toilet and food one after the other is just not appealing.

4. A gentleman never leaves a lady alone at the table, if at all possible.

5. In the event that you must leave the table, do not ever leave your dinner napkin on the table.

It should be left on your chair, traditionally the seat, however for hygiene reasons, it is more common to leave it either on the back of the chair or the arm of the chair.



ISTOCK

Social media.

Research shows that people who talk about themselves have similar brain reactions to those who engaged in eating or sex

MICHELLE CASTILLO
Metro World News

Earlier this month Kanye West's fans learned which clothing styles he hated — whether they cared or not. With each 140-character-or-less statement, the award-winning rapper and questionable fashionista shared his opinions on the outfits he saw around New York.

"I hate button-up shirts with hoodies," West tweeted. "I hate hoodies with sports coats," he added. "I hate sports coats with button-up shirts, jeans and dress shoes," he stated.

This isn't the first time West has let people know exactly what he was thinking, including the day when he provided, in excruciating detail, his decision to buy a bike. West's and other celebrities' propensity to



share intimate details of their personal lives online might be rooted in science.

A new study in the Proceedings of the National Academy of Sciences (PNAS) shows that people who talk about themselves had similar brain reactions to those who engaged in eating or sex. People were even willing to give up money in order to keep talking about themselves.

In other words: Boasting about our everyday lives gives

us as much pleasure as doing "primary awards" or basic needs activities.

We all need feedback

"The thousands and thousands of responses, the degree of intensity to that person, it must be very confirming of their importance. It pushes people to want to get that kind of feedback and notoriety," Dr. Phil Muskin, chief of consultation-liaison psychiatry at Columbia Psychiatry in New York, told

Metro World News.

Dr. David Rubin, a psychiatrist at NY-Presbyterian/Weill Cornell & Columbia believes it's not just a new-media problem that makes it seem that celebrities — and many of us — share too much of themselves online. Even in our day-to-day lives we are aware of people who over-share information about themselves. Twitter, Facebook and blogs are simply a new medium to do it in — and it's much easier since you don't have to

do it face-to-face. According to the PNAS study, four out of five postings on social media sites are about a person's immediate experiences.

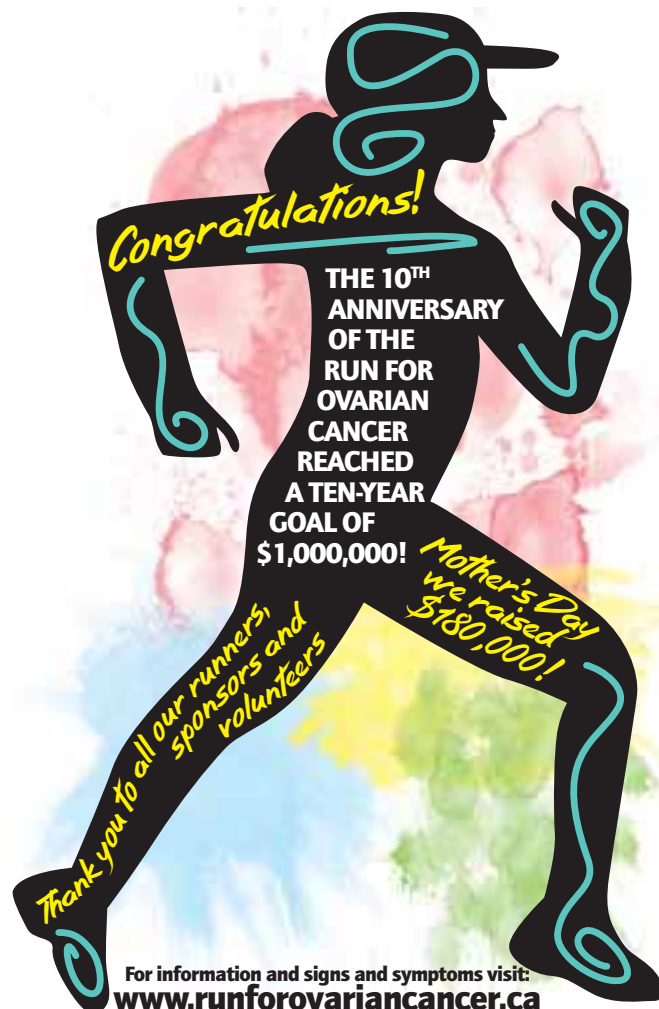
Freedom from restraint

"It gives people freedom from the restraints of social etiquette, professionalism and the freedom from reactions, letting them divulge more, Rubin said.

"(Fans) can play the role of the friend... People are gathered together to read the mundane aspects of one of their 'friend's' lives. It takes it up a notch and creates some pseudo-connection," Rubin explained.

It also helps that by simply tweeting a statement, there's no immediate negative feedback. That doesn't mean one doesn't eventually have to face consequences. But, because there's no instantaneous chastisement for posting something that isn't politically correct, so the poster feels like anything they feel like saying they should say, Muskin commented.

So, celebrities who tweet about themselves — and your friends who unnecessarily detail every moment of their lives on Facebook — don't necessarily have big egos: They may just enjoy the simple pleasures of life much more than most of us.



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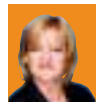
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A look at the pitfalls of financial infidelity

Spending and lying. It starts with a little fib about a big purchase. Next thing you know, your relationship is in tatters



YOUR MONEY

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One of my favourite blues CDs include tunes from the first half of the 20th century. They're sung by big-voiced women and mostly about lyin', cheatin', no-good men. In one song, the singer vows to cut her man "wide and deep" if she catches up to him.

I was playing the CD recently when I realized that while the theme of the songs was infidelity, it wasn't always about another woman, but rather money. "You took my money and you run, run/I'm gonna hunt ya down and you'll be done, done done."

Alison's money rule

"Financial infidelity is as damaging to a relationship as an affair."

Financial infidelity is as old as the other kind. And often, like the other kind, it starts relatively innocently — a small lie about a purchase or a deflection about a debt. At its worst, as television producer Carol Ross Joynt writes about in her 2011 book *Innocent Spouse*, one partner has a completely secret financial life. After her successful and wealthy restaurateur husband died suddenly of pneumonia, she discovered he owed \$3 million to the IRS.

Most financial infidelity doesn't have such monumental consequences but if you are the victim, uncovering unpaid bills or a hidden cache of cash can slice through a relationship as effectively as an affair.

More than 23,000 people responded to recent survey by Today.com and Self.com revealing that 37 per cent of men and 56 per cent of women have lied to their partner about money.

A similar survey conducted in 2009 by Credit Canada Debt Solutions for Credit Education Week Canada indicated that there is considerable lyin' and cheatin' going on between partners about money.

To prevent your relationship from foundering on the rocks of financial infidelity, here are a few basic rules to follow:

1. Each person should have some 'fun money' completely

Is ignorance really bliss?

A look at who's spending and telling in relationships:

- **28%.** Check with their spouse on every single purchase
- **6%.** Never tell their spouse what they spend on anything. (April 2012, Today.com/Self.com survey)

separate from the household accounts.

2. Even after making a stupid purchase, reveal the true price to your partner.

3. If conflict over money is longstanding in your relationship, consider marital counselling to get to the heart of the problem.

4. If you are feeling victimized financially, ask yourself if you are actually enabling the other person.

5. If you are hiding money because you don't trust your partner's financial management skills, try credit counselling through a reputable organization such as Credit Canada Debt Solutions (creditcanada.com.)

ALISON GRIFFITHS IS THE AUTHOR OF COUNT ON YOURSELF: TAKE CHARGE OF YOUR MONEY. REACH HER AT ALISON-GRIFFITHS.CA OR GRIFFITHS.ALISON@GMAIL.COM



'Hmm... That's interesting... I don't recall buying tickets to a hockey game in Montreal!' ISTOCK IMAGES

MAY 15, 2012

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Cycling

Canada's Ryder still on top in Italy

Canada's Ryder Hesjedal remains the man to beat at the Giro d'Italia.

The Victoria cyclist was seventh in Monday's stage to hold onto the pink leader's jersey, avoiding a crash on the final turn that took out several of the top contenders.

"Another perfect day by the team," Hesjedal said. "We took control in the approach to the last hills and I was able to benefit from perfect position."

Hesjedal, who rides for Garmin-Barracuda, made history on Saturday when he became the first Canadian to wear the pink jersey. **THE ASSOCIATED PRESS**

NBA



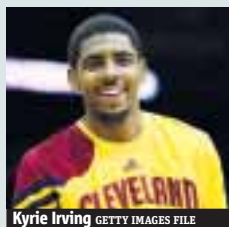
"This season has to be extended for me to play again. So that's what's on my mind."

Miami Heat forward Chris Bosh. An MRI on Monday confirmed Bosh strained a lower abdominal muscle in Miami's Game 1 victory. The team said there's no firm timetable for Bosh's return.

NBA

Cavs' Irving takes top-rookie trophy

Cleveland Cavaliers point guard Kyrie Irving, as has been expected for months, will be presented with the rookie of the year award on Tuesday, capping a season which he began as the No. 1 overall pick and ended it as the NBA's clear-cut top rookie. **THE ASSOCIATED PRESS**



MLB

Alfonzo's off hook for 100-games

Major League Baseball and the players' union agreed to drop the 100-game suspension imposed on Colorado Rockies catcher Eliezer Alfonzo for a positive drug test because of the same procedural issues that came up in the Ryan Braun case.

Alfonzo missed 48 games — the final 15 of last season and the first 33 of this year.

THE ASSOCIATED PRESS



Roger Clemens arrives at federal court in Washington on Monday. SUSAN WALSH/THE ASSOCIATED PRESS

Chief accuser takes stand in Clemens trial

MLB. Prosecutors get to heart of case as star witness testifies he injected pitcher with steroids at SkyDome

Speaking softly, nervously and in detail, Brian McNamee testified about the life-changing moment when, he said, he first injected Roger Clemens with steroids.

The U.S. government's star witness in the Clemens perjury retrial took the stand in Washington on Monday and told the jury that he injected one of baseball's top pitchers with steroids about eight to 10 times when they were with the Toronto Blue Jays in 1998.

"I knew what I was doing was illegal," McNamee said.

Quoted

"I did it because I wanted to help and I wanted to keep my player safe.... I wasn't under the assumption that was the first time he did that."

Brian McNamee, former Blue Jays strength coach and key witness in the Clemens case.

"I wish to God I could take it back."

Clemens is charged with lying to Congress when he testified in 2008 that he had never used steroids or human growth hormone. The first attempt to try him last July ended in a mistrial when prosecutors showed the jury a snippet of inadmissible videotaped evidence.

McNamee is the only person who will claim firsthand knowledge of Clemens using performance-enhancing drugs.

McNamee recalled how he met Clemens when McNamee

was the strength and conditioning coach of the Blue Jays in 1998 and how he was asked by Clemens to come to Clemens' apartment in the SkyDome after a game in June.

McNamee said he found steroids, alcohol, needle and gauze laid out in the bathroom. He said he felt "a little uncomfortable" while preparing the shot because he'd never done anything like it before. He said he then walked into Clemens' bedroom.

"Roger pulled down his pants, exposing his right but-

tocks cheek to me," McNamee said. McNamee said he then "plunged the fluid in into his buttocks."

"That," McNamee concluded, "was the first time I injected Roger Clemens."

McNamee said he didn't feel good about the moment, but he got the sense that Clemens "wasn't good at doing the booty shot."

McNamee's appearance is essentially the be-all and end-all of the trial. The first four weeks were mostly attempts by prosecutors to show that Clemens might have lied about ancillary things such as B12 needles lined up on training room tables, and whether he knew that former Sen. George Mitchell wanted to talk to him while preparing the 2007 Mitchell Report on drug use in baseball.

THE ASSOCIATED PRESS

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SPORTS

NFL

NFLPA challenges Saints ruling

The NFL players' union grievance against the league in the Saints bounty scandal will be heard Wednesday. The union claims commissioner Roger Goodell doesn't have the authority to hand out discipline for player conduct that occurred before the current collective bargaining agreement was finalized last August. The players argue that a CBA arbitrator, and not Goodell, has the right to decide player punishment under such circumstances, as well as rule on any appeals. **THE ASSOCIATED PRESS**

On the web

Rangers-Devils rivalry revs up in Game 1

Eighteen years after the New York Rangers beat the New Jersey Devils en route to their first Stanley Cup since 1940, the rivals meet again in the East final. Go to metronews.ca/sports for Game 1 coverage.

Mobile news



After going 14 of 30 (.467) with two doubles, nine homers and 18 RBIs last week, talk has begun as to the historic heights Texas Rangers slugger Josh Hamilton could reach this season. If he is able to stay on this seemingly-impossible pace all year, Hamilton could have more than 80 homers and 200 RBIs. Scan the code for the story.

MLB. Official fired after Braun PED decision

Major League Baseball management has fired Shyam Das, the arbitrator who overturned Ryan Braun's drug suspension in February.

MLB informed Das and the players' association of its decision last week.

Das decided in February to overturn the 50-game suspen-

sion of Braun for a positive drug test. Lawyers for the Milwaukee outfielder argued that the collection procedures specified in baseball's drug agreement for the urine sample were not followed with Braun's sample last Oct. 1 because it was not immediately left at a FedEx office.

THE ASSOCIATED PRESS



IIHF. Sutter settled in his role with Team Canada

Brent Sutter has completely moved on.

There's been an undeniable enthusiasm radiating from Canada's coach throughout the IIHF World Hockey Championship — a job opportunity that came directly on the heels of a mutual decision to part ways with the Calgary Flames last month.

"With everything that happened there so quickly (it was good) to get away from it and come over and coach a team that's about all the right things," Sutter said Monday after practice. "These guys have all jelled together as a team, the leaders are tremendous team guys, it's a talented group, it's a young group with some experience on it that knows how to win."

"As a coach it's been great." By coincidence, the invitation from Hockey Canada came the same day Sutter split with the Flames and gave him the opportunity to throw himself directly into a new challenge.

He wasted little time.

It started with phone calls to every player before they departed for Europe and has continued with a unique ap-



Brent Sutter GETTY IMAGES FILE

proach to the tournament. Sutter and assistants Guy Boucher and Kirk Muller made a conscious decision not to overload the players with too much talk of systems and elected to have them skate just a handful of times while opening with six games in nine days.

The team went 5-0-1 over that stretch and needs just one point from Tuesday's game against Belarus to clinch top spot in the Helsinki pool heading to the medal round.

THE CANADIAN PRESS

Coyotes look for answers against red-hot Kings



Los Angeles Kings players celebrate an Anze Kopitar goal Sunday in Glendale, Ariz. as Phoenix Coyotes defenceman Oliver Ekman-Larsson skates past. ROSS D. FRANKLIN/THE ASSOCIATED PRESS

NHL. Phoenix tries to adjust tactics ahead of Game 2

The Phoenix Coyotes survived stretches of playing on their heels in the playoffs' first two rounds, absorbing everything the opponent threw at them before counterpunching with a winning goal.

Against the Los Angeles Kings, they quickly learned that method won't work.

More skilled and equally tenacious as Phoenix, the Kings hit the Coyotes hard and kept coming in Game 1 of the Western Conference finals, rolling to a 4-2 win Sunday night.

With Game 2 Tuesday night

Quoted

"We know how we play and don't worry about the matchups."

Kings centre Jarret Stoll

in the desert, the Coyotes have a short turnaround to figure out a way to stop this Los Angeles juggernaut or it could end up being a short series.

"We know we need to be better," Coyotes forward Boyd Gordon said Monday after practice. "They're a very good team, they work hard, they compete and they battle. If we come out like we did in Game 1, we'll be in big trouble."

The Kings have been doing this all playoffs.

The West's last team to get in, Los Angeles has arguably been the NHL's best team in the playoffs, its combination of grit, skill and superb goaltending overwhelming opponents.

More than the technical adjustments, the Coyotes need a change in attitude, to get back to their grinding ways.

A team without any true stars, Phoenix relies on a lunch-pail approach, getting to the loose pucks first, winning individual battles all over the ice.

The Coyotes didn't do that against Los Angeles in Game 1.

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Crossword

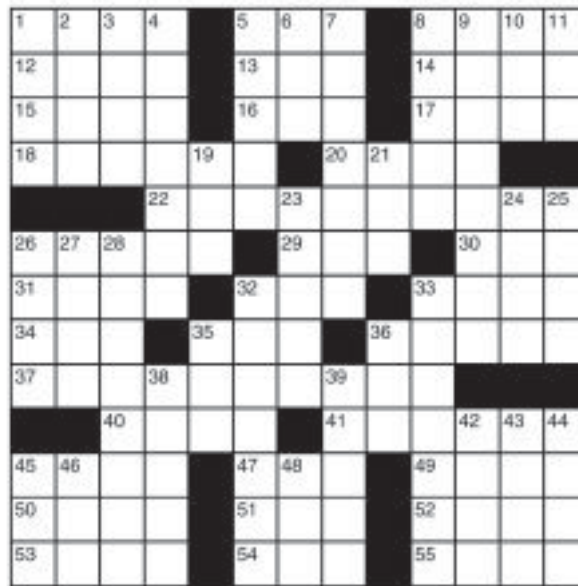
Across

- 1 Fem. counterpart
- 5 Seek damages
- 8 Layer of paint
- 12 List-ending abbr.
- 13 Mess up
- 14 Luau dance
- 15 Zilch
- 16 Compete
- 17 Particular
- 18 Latest news
- 20 Chastity's mom
- 22 1980 Jane Fonda movie
- 26 Collect
- 29 Morning moisture
- 30 Martini ingredient
- 31 Existed
- 32 Spanish literary hero
- 33 Oberlin locale
- 34 Sodom evacuee
- 35 Nosh
- 36 Before
- 37 1984 Goldie Hawn movie
- 40 Metric syllable
- 41 Rough
- 45 Vivacity
- 47 Mainlander's memento
- 49 Disturb
- 50 Poolroom prop
- 51 Moray, for one
- 52 Tittle
- 53 "Planet of the —"

- 54 Firmament
- 55 Portent

Down

- 1 Carte
- 2 Covering
- 3 Hourglass fill
- 4 Wash
- 5 Twilight time, maybe
- 6 Swiss canton
- 7 Put up
- 8 Leader
- 9 Completely
- 10 Pub order
- 11 Highlander's chapeau
- 19 "— the season ..."
- 21 Explanation
- 23 Mrs. Archie Bunker
- 24 Henry —
- 25 Carbon compound
- 26 Piercing tools
- 27 Cat call
- 28 Ruse
- 32 Rooks
- 33 Erie neighbor
- 35 Swelled head
- 36 Venusian vessel
- 38 Crannies
- 39 With aloofness
- 42 Leeway
- 43 Location
- 44 Verve



- 45 Support system?
- 46 Eminem's genre
- 48 "A mouse!"

Yesterday's Crossword



Cryptoquip

How to play

This is a substitution cipher where one letter stands for another. Eg: If X equals O, it will equal O throughout the puzzle.

NGAOL DJ MWRFLY YLWXXI
XZBLN XGOVGAP LABLXZTLN.
TLZTXL ZMRLA XGYL RZ
OWXX FGD W NLWXGAP MWA.
Yesterday's Cryptoquip: IF A FEMALE
MONARCH WERE A FAN OF LOW-QUALITY BEDS,
SHE COULD BE CALLED MARY, QUEEN OF CUTS.
Today's Cryptoquip Clue: X equals L.



For today's crossword answers and for expanded horoscopes, go to metronews.ca

Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku

7	1	5	8	4	8	2	9	3
2	6	6	7	9	3	1	5	4
4	3	9	1	5	2	7	6	8
3	5	7	6	8	9	4	2	1
1	4	2	3	7	5	6	8	9
9	6	8	2	1	4	5	3	7
5	7	1	9	2	8	3	4	6
8	2	3	4	5	7	9	1	5
6	9	4	5	3	1	5	7	2

Horoscope

- ♈ Aries | March 21 - April 20.**
The planets urge you to push yourself hard and get tasks and chores out of the way as soon as you can.
- ♉ Taurus | April 21 - May 21.**
You could be a bit too free and easy today, both with your time and with your cash.
- ♊ Gemini | May 22 - June 20.**
You are feeling vulnerable at the moment, and although you hide it well there will be those who sense that you are not at your best. Don't let them take advantage.
- ♋ Cancer | June 21 - July 22.**
It's quite possible that your imagination will play tricks on you and make you believe that certain things are going

- wrong when, in fact, they are going right.
- ♌ Leo | July 23 - Aug. 22.**
You seem to believe that if you don't grab as much as you can right now you will miss out altogether.
- ♍ Virgo | Aug. 23 - Sept. 22.**
You may not be able to explain why certain things are happening but there is no reason to get worked up about them.
- ♎ Libra | Sept. 23 - Oct. 22.**
Current aspects make you reluctant to take risks, and that's good because you really don't need to.
- ♏ Scorpio | Oct. 23 - Nov. 21.**
Where money and business affairs are concerned you must be cautious, because you could easily be tricked

- into thinking that you cannot lose out when, in fact, you could lose everything.
- ♐ Sagittarius | Nov. 22 - Dec. 21.**
Don't withhold your affections today just because someone has offended you.
- ♑ Capricorn | Dec. 22 - Jan. 20.**
Never forget that it's your mind that creates your world. Make it a world worth living in.
- ♒ Aquarius | Jan. 21 - Feb. 18.**
Sometimes it pays to be on your guard.
- ♓ Pisces | Feb. 19 - March 20.**
What you think is a problem is not really a problem at all.
- SALLY BROMPTON



Caption Contest

"Birds without feather, also flock together."

Virender

MATT ROURKE/THE ASSOCIATED PRESS

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